

SPORT & PHYSICAL ACTIVITY (TRIPLE AWARD)

Qualification Level	Level 3
Exam Board/ Specification	Sport & Physical Activity Level 3 OCR Cambridge Technical Extended Diploma
Contact	Miss Cotter
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Why study this course?

The OCR Level 3 Cambridge Technical Extended Diploma in Sport and Physical Activity introduces the sector for learners looking to build a career in sport, within one of its occupational areas. These areas include careers in exercise and fitness, coaching, leadership and sports development. This course provides a more practical, real-world approach to learning alongside a theoretical background, giving learners the knowledge, understanding and skills that they need to prepare for employment.

Over the 2 years you will study mandatory units and optional units such as Health and Fitness Testing, Psychology, Biomechanics and Sociology. The employer-endorsed course content is up to date and relevant, reflecting the blend of knowledge, practical skills, communication and team-working skills needed to progress to further study or employment in the sector and beyond.

Exam/ Assessment structure

Students will be awarded Pass, Merit or Distinction grades and UCAS points are comparable to A Levels. Four units will be assessed by external examination. The remaining units will be assessed by internal coursework assignments.

You will be assessed through a variety of methods including written assignments based on vocational scenarios, presentations, role play, case studies and practical demonstrations of leadership and performance.

Where next?

The course aims to make learners more employable. You may choose to go directly into employment within the Sports Development, Coaching and Fitness Industry or onto study a variety of Higher Education courses at university

What does the course combine well with?

The extended diploma is equivalent to 3 A Levels so you would not study any other subject areas

Equivalents

This qualification is equivalent to three A levels and has comparable UCAS points.

Entry requirements

A pass at OCR Sports Science or GCSE PE if studied previously