

NEWS FROM ELIZABETH WOODVILLE SCHOOL

February 2024 Issue 69

Inside this edition:

STUDENT

CELEBRATING SHOWCASING STUDENT SUCCESSES ACHIEVEMENTS

SIXTH FORM AT COURTEENHALL

NEW FITNESS SUITE OPENS

Inside this edition

3

10

DEAR PARENTS & CARERS

An update from our Heads of School

5 6

TRIPLE THREAT

Read about Ava's success here

DANCE SUCCESS

Congratulations Erin

RELATIONSHIPS

Building healthy relationships with your teen

13

UCAS UPDATE

How to navigate the sea of offers and manage replies

28

DATES

key dates for the term ahead



As we approach the end of another busy and productive term, we would like to update you on the various activities and achievements that have taken place. It has been a term filled with significant events and milestones.

Our Year 11 and Year 13 students faced their mock exams with determination and commitment. These assessments serve as valuable preparation for the upcoming external examinations, and we commend the students for their hard work.

Additionally, our Year 12 students will be participating in in-class mock exams after the half-term break, providing them with an opportunity to gauge their progress.

A highlight of this term was the 'Poetry Live' event attended by our Year 11 English students. It was an enriching experience that brought literature to life and inspired our GCSE students.

Further highlights over the last term include National Apprenticeship Week, which provided a platform for students to explore potential career paths, and the opening of the new fitness suite on South Campus, which has added a valuable resource for our students' physical well-being as well as future community use through the Willison Centre.

We have also hosted successful Key Stage 4 Options Evenings, on both sites this term, offering guidance on the various academic pathways available to our students.

The UCAS application deadline earlier in the term saw a significant increase in applications from EWS. Inside this edition of nEWS, you will find more information about the next steps for applicants and we wish our students every success and look forward to hearing about their offers from Universities and Higher-level Apprenticeships.

Thank you to the parents who were able to attend our 'Friends of EWS' events that took place this term; your feedback, ideas and input are so valuable and we are grateful for those who give up their time to attend these sessions. The next date for your diaries for the upcoming 'Friends of EWS' Forum is: 19/3/24. Please come along for a coffee, chat and an opportunity to discuss future ideas.

The new term commences on Monday, 26th February. Looking ahead, exam results for students who sat modular exams, or completed Non-Exam Assessments (NEAs), in the January series will be published next term. Year 8 (29/2/24) and 7 (21/3/24) Parents' Evenings are upcoming, which will provide an opportunity for meaningful discussions about your child's progress. The plan for both of these events is to host them online so that you can have conversations with various teachers from the comfort of your own home.

Following the mock exams this term, there will also be an additional Year 11 and 13 Parents' Evening, on Tuesday 12th March, focusing on those students who may need additional support in the lead-up to the summer external examinations. This will be by invitation, and we encourage your active participation.

We will be hosting a Careers Fair on each site in March; this is a great opportunity for your child to hear from businesses, employers and to consider future careers. More details will follow next term but if you do know of anyone who could support this event or would like to host a stand to share your own career or business then please do reach out and let us know.

We would like to express our heartfelt gratitude for your ongoing support and as we approach the half-term break, we wish you and your family a safe, happy, and restful holiday.

Warm regards,

Emma Reed Head of School North Campus **Hannah Jones**

Head of School South Campus









CHINESENEW YEAR

Cucina, our caterers, offered an exceptional menu to celebrate Chinese New Year. We extend our thanks to Cucina for their hard work this term. Highlights also include Pancake Day and there were some fab treats available to celebrate Valentine's Day.

VALENTINE'S EVENT

The library transformed into a haven of love and warmth during Valentine's celebrations, where students enjoyed heartwarming literary activities, themed displays, and a cosy ambiance to share the joy of love and friendship through books.







TRIPLETHREAT

Ava Proves a Triple Threat in the Pool

In a triumphant display of skill and determination, Ava Mitchell (7NG) emerged as a triple threat in the swimming world over the past three weekends, securing gold, silver, and bronze medals at the prestigious 2024 NASA Northants County Championships. Ava's remarkable achievements include clinching the title of County Champion in the 4x50 freestyle relay, an exceptional feat for a competitor in her first County standard swimming gala.

A relative newcomer to competitive swimming, Ava joined the Northampton Swimming Club in July 2023 and has since dedicated herself to rigorous training, including a demanding seven-day schedule that kicks off with a 5 am session at both the beginning and end of the week. Her commitment and hard work manifested in an impressive performance, as she not only claimed individual podium positions in freestyle and butterfly events but also qualified for an astounding eight finals.

Ava's journey from once-a-week swimming lessons at Trilogy to standing atop County Championship podiums is a testament to her unwavering dedication and the incredible progress she has made in a short span of time. Not only did she shine in competition, but Ava also achieved an impressive 11 new personal best times, showcasing her continuous growth and potential in the pool. As Ava's swimming career unfolds, her story becomes an inspiration for aspiring athletes and a source of pride for the Northampton Swimming Club. The future undoubtedly holds great promise for this rising star in the aquatic realm.**

In a triumphant display of skill and determination, Ava Mitchell (7NG) emerged as a triple threat in the swimming world over the past three weekends, securing gold, silver, and bronze medals at the prestigious 2024 NASA Northants County Championships. Ava's remarkable achievements include clinching the title of County Champion in the 4x50 freestyle relay, an exceptional feat for a competitor in her first County standard swimming gala.

A relative newcomer to competitive swimming, Ava joined the Northampton Swimming Club in July 2023 and has since dedicated herself to rigorous training, including a demanding seven-day schedule that kicks off with a 5 am session at both the beginning and end of the week. Her commitment and hard work manifested in an impressive performance, as she not only claimed individual podium positions in freestyle and butterfly events but also qualified for an astounding eight finals.

Ava's journey from once-a-week swimming lessons at Trilogy to standing atop County Championship podiums is a testament to her unwavering dedication and the incredible progress she has made in a short span of time. Not only did she shine in competition, but Ava also achieved an impressive 11 new personal best times, showcasing her continuous growth and potential in the pool. As Ava's swimming career unfolds, her story becomes an inspiration for aspiring athletes and a source of pride for the Northampton Swimming Club. The future undoubtedly holds

20 great promise for this rising star in the aquatic realm.

We extend our heartfelt congratulations to Erin Daniel in Year 8, a shining example of talent and dedication. The news of Northampton's finest dance school being selected to represent England in Prague for an impressive fourth time is a testament to the exceptional skills and commitment of Erin and her fellow dancers.

Erin's accomplishments reflect the dedication, hard work, and passion she invests in her craft. To be chosen to represent one's country is a remarkable honor, and Erin's achievements are not only a source of pride for her dance school but also for the entire community.

As we celebrate Erin's success, let us recognize the diverse talents and accomplishments that our students bring to the forefront. Their dedication, whether on the dance floor or in other fields, is an inspiration to us all. Congratulations to Erin and the entire dance school team for this remarkable achievement on the international stage! We look forward to celebrating your continued success



Considering university as your next step?

The Universities of Bath, Cardiff, Exeter, Keele, Lancaster and Warwick are hosting a series of online conferences aimed at providing information, advice and guidance on what is available and how to apply.

Saturday 2nd March 10:00 - 13:00

This conference includes the following sessions: The UCAS process and personal statements, choosing a course and university, and applying to competitive universities, as well as panel sessions with admissions experts and current university students from each of the host universities.













Year 10 Football: EWS boys vs Wootton Park

Earlier this term the year 10 boys welcomed Wootton Park to the fortress that is EWS South for the 2nd round of the county cup.

EWS started slowly allowing Wootton Park to settle into the game, without really creating much in the way of chances. The 1st chance fell to EWS and Josh Brown who somehow managed to blaze the shot over the bar. Wootton Park suddenly started to create a few chances, from a corner after a spell of dominance they rather fortuitously took the lead, the ball coming off the strikers shoulder and beyond the keeper. This seemed to be the wake up call that EWS needed and almost immediately we drew level, Kenzie Webster - returning to the side managed to break the offside trap and finish in the bottom corner. 1-1 Half time.

The Dynamic Duo of Mr Bates and Mr Rodway asked the boys to raise the intensity in the second half and take control. They duly obliged, very quickly making it 2-1 Josh Brown atoning for his earlier miss putting us in front for the 1st time in the game. This seemed to spur the boys on and after beating the offside trap (although VAR may have ruled it out) Josh Brown coolly finished to add to his tally for the game and year. This was soon added to by Kenzie Webster grabbing his second of the day, having spent the entire second half twisting their left back in knots he broke free down the right to latch onto a perfectly timed through ball from Josh Dunston to make it 4-1 and seemingly easing EWS into the next round of the cup. Wootton pulled one back late on to make it a slightly more edgy game but the boys held on and are safely through to the Quarter Finals. Final Score 4-2.



DEANSHANGER VILLAGE HERITAGE SOCIETY

DISCOVERING DEANSHANGER

SATURDAY 17th FEBRUARY 2024 OPEN 12 noon - 5 pm













Exhibition of village history from the Romans to modern times
Celebrating 25 years of the Heritage Society
Unveiling a Village Trail ◆ Tea and Cakes ◆ Kid's activities

FREE ADMISSION

DEANSHANGER MEMORIAL COMMUNITY CENTRE

VALENTINES CAKES BY YEAR 9 AND 10



Come and join other parents and carers of EWS South to look at growing your relationship with your child. During the session we will look at and discuss barriers to maintaining a healthy relationship with your young person, how to communicate and connect with them and learn from each other through sharing experiences.

Date: Wednesday 21st February 2024

Time: 10:00am till 12:00pm

Online or in person
Sign up via Eventbrite link https://www.eventbrite.com/e/building-healthy-relationshipswith-your-teen-workshop-south-campus-tickets-824978662387?
aff=oddtdtcreator

Location: EWS South site, Ethos (G block), Deanshanger, MK19

This is a free workshop and you don't need anything to take part. For those attending in person there will be refreshments available and please arrive by 9:45am, we will start promptly at 10am.





A little over five weeks ago, a vast array of Year 7 & 8 students expressed an interest in competing for EWS in the Indoor Rowing Competition organised by NSport.

Every break time and lunchtime a variety of students would arrive at the PE office ready to row for either 2 minutes if in Year 7 or 3 minutes for Year 8.

A team was then selected and training resumed culminating in constant relay practice covering 2024m each time.

Students supported each other, encouraged each other and quickly formed new friendships and a wonderful team atmosphere.

The hard work and dedication of the rowers led to them competing on Wednesday 14th February at Sponne, where they took part in a three way competition against Sponne and Moulton.

The support they had for each other, the cheering, the effort and the hard work all paid off!

Year 7&8 Girls A Team came 1st, B team came 2nd. Year 7&8 Boys A team secured 1st and B Team 4th.

A huge well done to all. It was an absolute pleasure to see such dedicated, supportive students encouraging each other to reach higher goals

INDOOR **ROWING**

T Cotter (Head of PE)









Courteenhall Visit

We extend our sincere gratitude to Johnny Wake for extending an invitation to our Sixth Form student leaders to visit the stunning Courteenhall Estate. This unique opportunity allowed our students to delve into the rich history, culture, and natural beauty that the estate has to offer.

Johnny Wake's generosity in opening the doors of the Courteenhall Estate provided our students with a firsthand glimpse into the historical and architectural significance of this remarkable site. The visit was not only an educational experience but also an opportunity for our students to connect with the local heritage and appreciate the beauty of the surrounding landscape.

The guided tour and informative sessions organised by Johnny Wake allowed our students to gain valuable insights into the estate's past, fostering a deeper understanding of our local history. The experience was both engaging and enlightening, leaving a lasting impression on our Sixth Form students.

Once again, we express our heartfelt thanks to Johnny Wake for his kind invitation and for contributing to the educational enrichment of our Sixth Form students. Such collaborative efforts between our school and the local community greatly enhance the educational tapestry we strive to create for our students. We look forward to future opportunities for our students to engage with the rich cultural heritage that surrounds us.









for friendly, helpful advice

TEXT YOUR SCHOOL NURSE ON

07507 329

Chat Health, our "text the school nurse service" will be open during the Christmas break (not BH or weekends) 8.30 -4pm We can be texted on 07507 329 600. This service is available to parents/ carers as well as young people between the ages of 11 -19.

Navigating UCAS Offers: A Guide to Making Informed Decisions

Embarking on the journey to higher education is an exciting and pivotal moment for every student. After the anticipation of submitting your UCAS application, the next significant step is responding to the offers you receive. The process of replying to UCAS offers is crucial, and understanding the options available empowers you to make informed decisions about your academic future.

Upon receiving offers from universities, it's essential to carefully review the terms outlined in each offer. UCAS provides a clear breakdown of the types of offers and the subsequent steps you can take to respond effectively. The most common offers are unconditional, conditional, and unsuccessful.

- Unconditional Offers: If you receive an unconditional offer, congratulations! This means the university has accepted you without any further academic conditions. You have the option to accept this offer as your firm (first) choice or as your insurance (second) choice.
- Conditional Offers: Conditional offers are contingent on meeting specific academic requirements, usually related to exam results. It's crucial to understand these conditions and determine whether they align with your academic expectations and capabilities. Once you receive all your decisions, you'll need to choose a firm (first) choice and an insurance (second) choice. Ensure that your firm choice is your preferred option, as this is where you'll be heading if you meet the conditions.
- Unsuccessful Offers: In the event of an unsuccessful offer, don't be
 disheartened. UCAS provides guidance on what to do next, including the
 option to enter Clearing, explore other opportunities, or consider
 alternative pathways such as gap years or apprenticeships.

To reply to your offers, log in to your UCAS Track account and follow the instructions provided. The deadline for responding to offers is a crucial factor, so be mindful of the timelines to ensure you secure your place at your chosen institution.

These are based on when we get the last decision in from your unis or colleges. Check your application to see your personal deadline. 2024 entry applications

- If you receive your last decision on or before 16 May 2024, your reply date is 6 June 2024 (except if you're using Extra to find a place).
- If you receive your last decision on or before 17 July 2024, your reply date is 24 July 2024 (including Extra choices).

Remember, this is a significant milestone in your academic journey, and the decisions you make now will shape your future. Take the time to weigh your options, consider your aspirations, and make choices that align with your goals. If you have any uncertainties or questions, the Sixth Form team, universities and UCAS are there to provide guidance and support.



THE LOWDOWN

FREE CONFIDENTIAL SUPPORT FOR YOUNG PEOPLE



The Lowdown provides free and confidential support to 11-25 year olds with their Mental Health and Wellbeing.

- Counselling for 11-25 year olds in the NN1 NN7 postcode areas.
- RE:Start Service for 16 25 year olds who are transitioning from child mental health services (CAMHS) to adult mental health services. This is a practical, information, support and advice service, not counselling.
- Wellbeing Café's for 11-18 year olds every Monday and Friday evening 4-8pm.
- Wellbeing Wednesday Support Groups for 11-18 year olds 4-6pm.
- Youth Groups every Tuesday and Thursday evening -School Years 7 to 9: 3:30pm - 5pm and School Years 10 to 13: 5pm - 6:30pm.
- Youth Advisory Board every Wednesday 6:30-8pm. This is a members only group, please see our website for more information and how to join.
- Out There LGBTQ+ Support Groups every Friday evening for 11-25 year olds. For more information on how to join please go to our website.
- Sexual Health Service for 12-25 year olds every Monday and Friday 5-8pm providing condoms, pregnancy testing, Chlamydia and Gonorrhoea testing and information and Support.

For full information please go to: www.thelowdown.info



New Fitness Suite

South Campus entered the new term with the unveiling of its brand new fitness suite. This state-of-the-art facility welcomes students to a well-equipped gym, promoting physical well-being.

Our PE staff stand ready to guide students through safe and effective workouts. With a commitment to inclusivity, the fitness suite caters to diverse preferences, encouraging a healthy lifestyle for all students.

The facilty will be available for community use through our Willison Centre team.



MY VOICE MATTERS

10 WAYS TO LOOK AFTER YOUR MENTAL HEALTH

Here are some brilliant tips from young people just like you on how you can look after your mental health.



- Don't keep it all to yourself and spend too much time in your own head. This can sometimes make it keep piling up, and make you feel worse.
- Talk to someone you trust and feel comfortable with—a teacher, parent, sibling, cousin, friend... if you can't think of anyone and need to talk, try talking to someone like Shout by texting SHOUT to 85258 for free.
- Write your thoughts and feelings down.
- Keep in contact with people, don't isolate yourself.
- Don't dismiss your feelings because you think they aren't valid. Everything you feel is valid and important to you.



- Focus on the good parts of your life and doing what you love, rather than the negative.
- If you feel like harming yourself then tell someone you trust and distract yourself in the meanwhile.
- Do something you enjoy to help you relax and have a break watch a film, play a game, watch your favourite YouTuber, listen to music.
- Be your own best friend because at the end of the day, you're stuck with you so look after yourself!
- Remember that you're not alone, even if it sometimes feels like you are.

*With thanks to students at Stewards Academy and Ark Globe Academy

ASK FOR HELP

Let your family, friends, and teachers know if you are struggling so that they can support you.

If you're feeling overwhelmed and need to talk:

- Text P2B to 85258 for free to speak to Shout
- · Call 0800 1111 to speak to Childline, or visit
- Childline.org.uk for their free online chat
- Visit place2be.org.uk/help for more advice

Online Shopping for a Cause: EWS Teams Up with easyfundraising for Free Donations

In an era where online shopping has become an integral part of our lives, here's an opportunity to turn every purchase into a philanthropic act. Did you know that by simply shopping online, from your weekly groceries to your dream holiday, you could be raising free donations for EWS through easyfundraising?

easyfundraising boasts a vast network of over 4,000 shops and websites, each ready to contribute a donation to EWS every time you make a purchase. The list includes popular retailers such as eBay, Argos, John Lewis, ASOS, Booking.com, and M&S. The best part? It won't cost you an extra penny to support us.

Here's how you can join the cause:

- Visit https://www.easyfundraising.org.uk/causes/ews/ and sign up for free.
- Prior to making any online purchase, start your shopping journey on easyfundraising to find the website you need.
- After completing your purchase, the retailer will make a donation to EWS at absolutely no extra cost to you!

No catches, no hidden charges – just a simple and effective way to contribute to EWS while going about your online shopping routine. Your donations will go a long way in supporting our school, and we are genuinely grateful for your support.

Join the easyfundraising community and make a difference with every click. Thank you for supporting EWS and helping us make a positive impact through your everyday online purchases.

How it works

easyfundraising turn your daily shopping into every day magic! easyfundraising partners with over 7,500 brands who will donate part of what you spend to a cause of your choice. It won't cost you any extra.

The cost is covered by the brand.

Brands pay easyfundraising a commission because when you start your shop from the easyfundraising website or app, they can see that they sent you to them.

If you make a purchase, a commission is generated, and easyfundraising turn that into a donation.



SENDUPDATE

Click here to visit the SEND padlet



The Rt Hon. Dame Andrea Leadsom DBE MP Member of Parliament for South Northamptonshire Apprenticeship 2024/2025



Are you interested in Politics?

It's that time of year again when I start looking for my next apprentice to join my busy constituency team. I've been exceptionally lucky to have had ten fantastic local school leavers in the role since I started the scheme when I became the MP for South Northants, and they have all gone on to further study or into full-time employment within politics.

The role is full time, salaried and lasts for 13 months from the beginning of August. As an integral part of Team Leadsom, my Apprentice Caseworker is responsible for engaging with constituents and dealing with some of the correspondence I receive each day, as well as supporting the wider team in ad hoc projects. The successful applicant will be based in my Towcester office, with regular opportunities to work in Westminster and to get fully involved in all aspects of parliamentary life.

To apply to be my 2024/2025 Apprentice Caseworker please send me your CV, cover letter and a 1-page researched essay on what you think are the three key challenges for South Northamptonshire and how you might tackle them. The deadline for applications is 15th April. Please email me at andrea.leadsom.mp@parliament.uk or write to me at my constituency office address – 1 Victoria House, 138 Watting Street, Towcester NN12 6BT.





CAREERS FALLINGE

We are holding a Careers Fair on 6th March 2024 (North Campus) and 8th March 2024 (South Campus). If we have any parents, carers, families who would like to support our event by attending and speaking to our students about your career please email Rebecca Griffin on rebecca.griffin@ewsacademy.org.uk and she will provide more information.









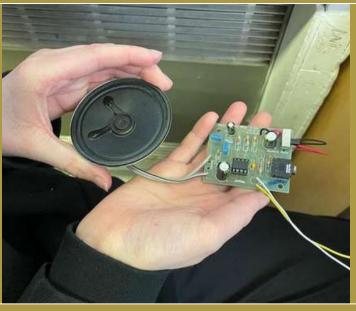




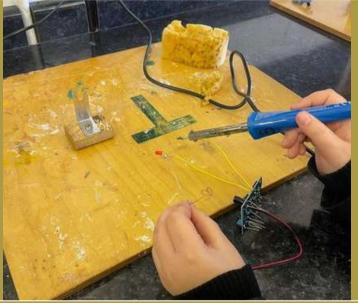
DT SHOWCASE

YEAR 8 PEWTER CASTING





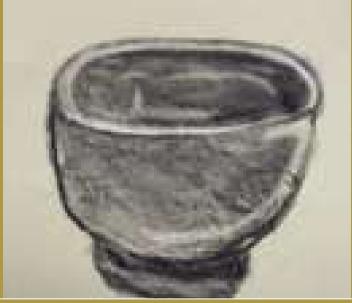




DT SHOWCASE

YEAR 7 SOLDERING SPEAKERS









KS3 ART CLUB. CHARCOAL STILL LIFE









YEAR 7 CERAMIC BIRDS - GLAZED AND READY TO GO INTO THE KILN









YEAR 7 TEXTILES - PLANNING THE TEXTILE MOTH USING DIFFERENT
METHODS WITH INK AND PAINT









TEXTILES KS3 TIE DYE







TEXTILES KS3 FELT MAKING



ARTISTS OF THE TERM

The term ahead:

School opensMonday 26th February

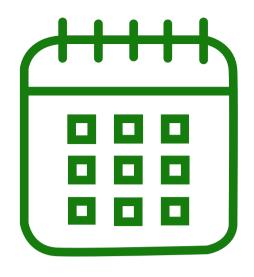
Year 8 Parents EveningThursday 29th February

Targeted Y11 & Y13 Parents' Evening Tuesday 12th March

Friends of EWS meeting Tuesday 19th March

Year 7 Parents Evening Thursday 21st March

School closesThursday 28th March 2024



Click <u>here</u> for the full calendar and term dates

Follow us on social media

GET REGULAR UPDATES FROM EWS







Visit us online www.ewsacademy.org.uk

